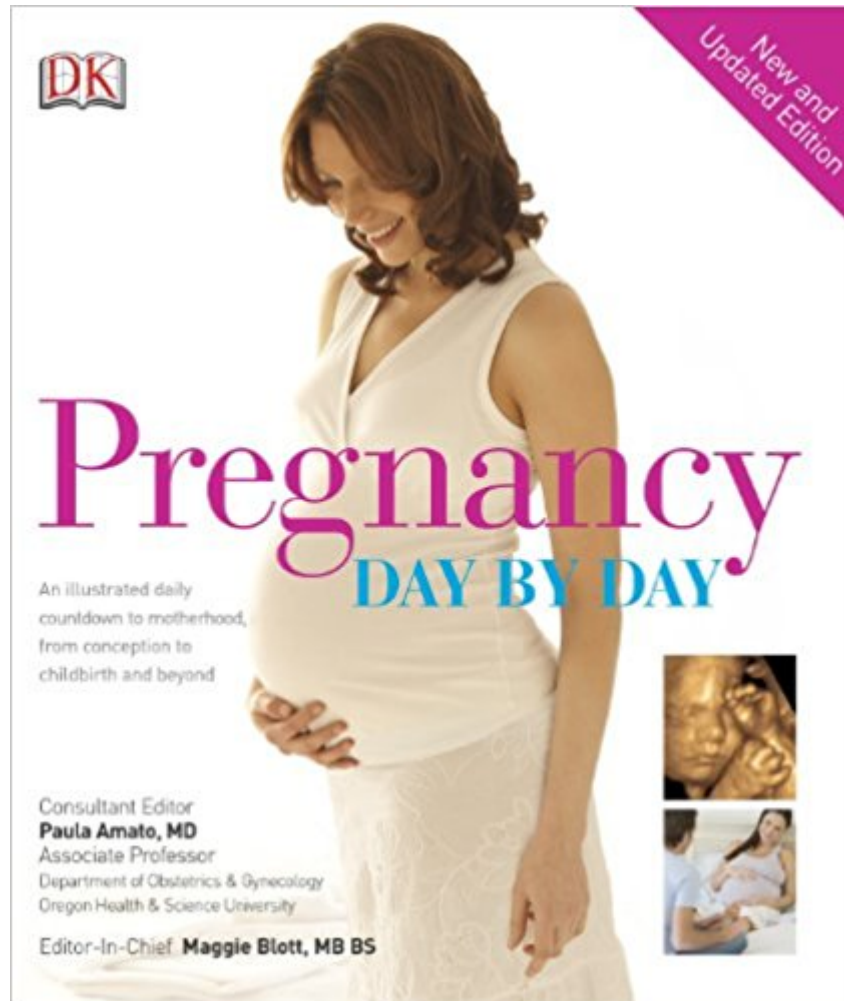




The book was found

Pregnancy Day By Day



Synopsis

Fully revised to reflect updated medical practices, technological advances, and prenatal imagery since the book first published, *Pregnancy Day by Day* gives expecting mothers comprehensive advice on every stage of their pregnancy and labor, from the first week of pregnancy to two weeks after the baby is born. Covering nutrition, exercise, medical issues, pain relief, and much more, *Pregnancy Day by Day* is a great resource for mothers who want to know what's happening to their bodies every step of the way.

Book Information

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Customer Reviews

"[E]verything a pregnant woman would want to know about pregnancy, birth and beyond."

—*œ* Celebrity Parents Magazine

Consultant Editor: Elaine Herer, MD, is deputy chief of Obstetrics and Gynecology, and division chief of Obstetrics at Sunnybrook Health Sciences Centre. She is also an associate professor at the University of Toronto in the Department of Obstetrics and Gynecology, where she lectures on delivery and postnatal care. Dr. Herer has published numerous papers and is furthering research with stem cells and umbilical cord grafting. Editor-in-Chief: Maggie Blott, MB, BS, is Consultant Obstetrician at University College Hospital, London, where she jointly manages a multidisciplinary high-risk prenatal clinic and runs the labor ward. She is also spokesperson for the Royal College of Obstetricians and Gynecologists, London. Dr. Blott is a regular columnist for *Top Santé* magazine and writes for a number of other pregnancy-related publications. --This text refers to an

out of print or unavailable edition of this title.

I absolutely love this book! It is so incredibly informative and the fact that it has a daily page for the entire pregnancy plus information for after baby comes, a section on potential complications, pictures through out and a full glossary for quick key word searches in the book- absolutely amazing resource! I'm going through it a second time for my second pregnancy because I enjoy this book and all it has to offer that much. I also have been buying it as a gift for family and friends who are expecting so they can experience the awesomeness of this book! Definite 5 stars and worth the buy!!!

I own this book but purchased this one for a family member. I LOVED IT when I was pregnant! I wanted a book different from what to expect. I wanted to have a medical based book as well but with at least a few real pictures(unlike 90% of the medical books and what to expect)I liked this book because it was a great daily short read! It has pictures at the end of each trimester so you see and know what to expect with your body changes. I loved the beginning with nutrition, what happens and so on. I will buy this again and again for any friend or family member having their first child! The pictures really keep it interesting.

This is my FAVORITE BABY BOOK!!!!!! When I found out I was pregnant I was so excited I went out on a baby book shopping rampage. I bought books both new and used hoping to get an early attachment to my baby. My biggest complaint was they all seemed to be either month or trimester grouped as far as information. Thats fine..but I was getting tired of reading general information and answers to other women's questions instead really learning what I wanted to know..what was happening DAILY to ME.I had never heard of anything that even discussed DAILY info until I found this book at the local library..after checking it out 3 times in a row I knew it was time to purchase it for myself. I would have paid the full price of \$40, but thankfully was cheaper.It was EXACTLY what I wanted. The pictures are amazing and really give you a personal view of what your baby is actually doing. The one a day page set up is fantastic. It takes about 3 minutes to read and gives you the updates you're looking for (today your baby is growing its finger nails, yawned for the first time, can cry..etc) The BEST part of all is for the 1st trimester it has an EXACT SIZE picture at the end of each week so you know just how big your baby really is. Its mind boggling to watch it triple in size in just 1 month :)To sum it all up..This book is well worth the money. I will be buying a copy for anyone I know that gets pregnant in the future and even my parents who are too far away to see me daily

are having fun following along in their copy. My only extra advice is to get a clear plastic book cover as you will be using it so much the paper jacket gets a little worn out. :)

This is the best pregnancy book ever in my opinion. It's very detailed and informative but the way it's set up doesn't make it overwhelming. Also, this book has lots of beautiful, colorful, bright pictures in it. I purchased this book along with Baby Day by Day. I definitely recommend this book.

I admit that I had no idea what to expect in my pregnancy before I got pregnant. Absolutely nothing! I had a few stories from friends and family members to go off of, but that was all. I purchased this book and each night, my husband and I would read a page from it. I liked that it basically just gave small snippets of information each day that correspond with how far along you are in your pregnancy. There's no pressure to hurry up and read the whole book all at once and there aren't overwhelming gobs of information being thrown at you over the course of pages and pages. It's just brief insights about changes occurring in your body around that time, information on the development of your baby around that time, tips on how to manage potential problems, things to expect, advice on planning, dietary and exercise suggestions, etc. I did feel like some of the information was possibly inaccurate (such as fetus size) and there were many times where I would say, "Didn't you already read this?" because some information is repetitive. But if you're looking for a simple pregnancy book because you don't have the slightest clue about pregnancy, then I feel like this is a great book to have at your bedside to look at each night. It's especially great for people who simply don't have the time or patience to sit down and read those long drawn-out pregnancy books. I honestly didn't do much reading through the duration of my pregnancy, but I felt comfortable enough with my knowledge between this book, asking my doctor questions, going to a couple of childbirth classes, and independently researching things I felt were important to me. I didn't have to skim through loads and loads of information that did not apply to me or that I didn't feel was necessary to read.

This book was just what we needed. It presents the pregnancy basically "day by day". It shows pictures as to what the developing baby might look like/size at each step of the way. Tons of information and all organized in an easy to read manner! Why waste your time searching the internet when it is ALL right here organized and read to be read anywhere, anytime...even when the internet connection is DOWN. My wife loves this book, she takes it with her all around the house, hahaha. Worth the \$\$

I purchased this book many years ago for myself. It features day to day updates with useful tidbits you might not think to ask. There are also milestone updates and what to expect at your major appointments / scans. I will say, it is based around the UK system, but that did not put me off. I felt it actually added to the book. I am expecting a second time and found myself forgetting what happened the first time - out came his book. Also, when I found out my sister was expecting, this was my first gift to her.

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